

Gardening Volunteer Role Description

Summary of the role and the activities involved:

Role

You will be assisting our gardener with gardening jobs. You will provide practical gardening assistance and support to older householders in order to help them maintain their independence and remain safe, secure, comfortable and happy in their garden. This could include:

- agreeing what gardening tasks need to be carried out
- carrying out the task or referring it to staff where appropriate
- improving garden security through trimming and planting
- clearing up following any gardening tasks
- exercising good practice and assisting with green waste collection arrangements where possible.

Personal qualities most suited to this role

- An interest in gardening
- A reasonable level of fitness and ability to undertake physical gardening work
- An understanding of health and safety issues
- Good communication skills
- Reliability

How many hours you need to give, when and where:

Ideally, we would ask you to commit around 2-3 hours per gardening task. You could help our gardener as often as you like on Monday-Wednesday.

What training will be necessary and available:

No formal training is required. However, volunteers have access to Manual Handling & Lifting online training. We would also provide you with all the required information and offer our induction and volunteer guidelines. You will be supported during all visits by our Gardening Coordinator.

Who will supervise you:

Your supervisor will be the Gardening Project Co-ordinator

What expenses are payable:

We would cover your travel expenses connected to your gardening role and lunch expenses up to £5 if you volunteer with us for 3-4 hours or longer on any given day.

Benefits to the volunteer

- The opportunity to use and develop your gardening skills
- Knowing you are contributing to your local community
- Improve health and wellbeing through an active role
- The satisfaction of knowing that you play a pivotal role in aiding an older person's wellbeing by helping them to maintain a space in their home that is important to them.

References

You will be required to supply two references as part of the application process.

Disclosure & Barring Service

As part of the application process, you will be required to complete a DBS check. This process will be paid for by Fulham Good Neighbours.

How to apply

If you have any further questions about this role, or for an application form please contact:

Taura Riley
Volunteer Coordinator – Community Projects
Tel. 020 7385 8850
Email: taurariley@fulhamgoodneighbours.org
Web: www.fulhamgoodneighbours.org

Fulham Good Neighbours
Rosaline Hall
70 Rosaline Road
London, SW6 7QT